



MULTITASK TRAINING

for the interdisciplinary Parkinson's team

Join **Josefa Domingos** and **John M. Dean** for

INTERACTIVE EDUCATIONAL SESSION WITH VIDEO & HANDS-ON WORKSHOP

Find out **Why? When? And how to integrate dual cognitive, voice and motor task training for Parkinson.**

Discuss current evidence and video-based practical examples in clinical practice and in the community.

Reflect on targeting the population: early vs. late stages | group setting vs. individual | feedback strategies.



Josefa Maria Malta Domingos is a Physiotherapist specializing in Parkinson disease with over 13 years of working exclusively with Parkinson disease and atypical parkinsonism. She is currently a researcher at Radboud University Centre in Nijmegen (Netherlands) doing her PhD on 'Practicalities of Community-based exercise programs in Parkinson disease' under the supervision of Professor Dr Bastiaan Bloem & Joaquim Ferreira. The focus of her research is on how to develop and implement specialized community exercise programs for people with Parkinson; understanding how, when, and whom to include in such programs. She implemented PD-specialized Health Services in Portugal in 2005 and founded 6 national physical therapy PD specialized services throughout the Parkinson Association branches all over the country. She has developed multitask exercise programs for PD for the last decade (e.g. Moving Voice Program, Cogweb Move It Program, Triad Program and multitask boxing programs for PD in Portugal and Sweden).



John Dean is a speech language pathologist (MA, CCC-SLP) specializing in the treatment of Parkinson disease and related disorders. In 2009, he developed the first interdisciplinary Parkinson's program for Life Care Centers of America, a program became the flagship for a network of 15 interdisciplinary teams throughout Colorado and Wyoming as well as a second network throughout Tennessee, Georgia, South Carolina and Northern Florida. He has served as a member of the faculty for the Allied Team Training Program (ATTP) from the National Parkinson Foundation and International Parkinson's and Movement Disorder Society and provides continuing educations for Parkinson's throughout the US. He has developed the Triad Program multitask exercise program for PD, integrating voice and cognition into movement.

DATE AND TIME | Thursday, August 7, 2018 | 10:00A - 5:30P

LOCATION | Parkinson Foundation of Western Pennsylvania | 575 Lincoln Ave, Bellevue, PA 15202

To Register, contact john@johnmdean.com | 720-464-6146

Continuing Education Credit

This educational offering qualifies for 6 continuing education hours as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific filing requirements.

Physical Therapists, Physical Therapist Assistants: This course is offered for 6 contact hours for physical therapy and physical therapist assistant continuing education, accredited by the State of Pennsylvania Occupational Therapy, Physical Therapy, and Athletic Trainers Board

Speech-Language Pathologists, Audiologists: This course is offered for .6 ASHA CEUs (Intermediate level; Professional area).

Occupational Therapists, Occupational Therapy Assistants: This course is offered for 6 contact hours for occupational therapy and certified occupational therapist assistant continuing education, accredited by the State of Pennsylvania Occupational Therapy, Physical Therapy, and Athletic Trainers Board. AOTA Educational level Intermediate, Cat. 1: Domain of OT, 2: Occupational Therapy Process

Altheletic Trainers: This course is offered for 6 contact hours for athletic trainer continuing education, accredited by the State of Pennsylvania Occupational Therapy, Physical Therapy, and Athletic Trainers Board

All Professionals: In order to process continuing education, please bring license number or other relevant numbers

Certificates, Educational Offering Completion Requirements

Certificates will be awarded upon receipt of payment and successful completion of the educational offering and evaluation form.

Amended Certificates

Please note that the credit hours listed above are offered by The Triad Solution, LLC and/or boards/ associations for a full day's attendance. In the event of late arrival and/or early departure, amended certificates indicating the actual number of credit hours earned will be provided upon contacting The Triad Solution, LLC.

ADA

If you require ADA accommodations, please contact The Triad Solution, LLC at least two weeks before the seminar date or prior to purchasing any online or distance learning products so that arrangements can be made

Disclosure

Financial – Both speakers receive a speaking honorarium from The Triad Solution LLC and The International Parkinson and Movement Disorder Society.

Nonfinancial - Co-Founder Triad Health AI, LDA.

Who Should Attend?

Physical Therapists
Physical Therapist Assistants
Speech-Language Pathologists
Occupational Therapists
Certified Occupational Therapy Assistants
Athletic Trainers
Other Exercise Professionals

Seminar Schedule

Registration: 9 a.m

Seminar Begins: 10 a.m.

Lunch Break: 1 hour (on your own)

Seminar Ends: 5:30 p.m.

Breaks: 15 minutes (mid-morning & mid-afternoon)

Content Summary

- Impact of Parkinson's-specific deficits on dual task performance.
- Dual cognitive and motor task training.
- Practical examples in clinical practice and community setting.
- Integration of voice into motor and cognitive activities.
- A framework for practise.
- Relevant assessments.
- PD-specific safety issues.
- Hands On "Dual Task" with patients.
- Group discussions on coaching techniques, learning difficulties, feedback use, targeting the proper population, & improvisation strategies.

PAYMENT INFORMATION:

Pricing: \$175 for 6 hours of CE credit

Cash, Check & Credit Card Accepted

Cancellations received at least 10 business days before the event are refundable less a \$20 administrative charge per registrant