



MULTITASK TRAINING

for the interdisciplinary Parkinson's team

Join **Josefa Domingos** and **John M. Dean** for

INTERACTIVE EDUCATIONAL SESSION WITH VIDEO & HANDS-ON WORKSHOP

Find out **Why? When? And how to integrate dual cognitive, voice and motor task training for Parkinson.**

Discuss current evidence and video-based practical examples in clinical practice and in the community.

Reflect on targeting the population: early vs. late stages | group setting vs. individual | feedback strategies.



Josefa Maria Malta Domingos is a Physiotherapist specializing in Parkinson disease with over 13 years of working exclusively with Parkinson disease and atypical parkinsonism. She is currently a researcher at Radboud University Centre in Nijmegen (Netherlands) doing her PhD on 'Practicalities of Community-based exercise programs in Parkinson disease' under the supervision of Professor Dr Bastiaan Bloem & Joaquim Ferreira. The focus of her research is on how to develop and implement specialized community exercise programs for people with Parkinson; understanding how, when, and whom to include in such programs. She implemented PD-specialized Health Services in Portugal in 2005 and founded 6 national physical therapy PD specialized services throughout the Parkinson Association branches all over the country. She has developed multitask exercise programs for PD for the last decade (e.g. Moving Voice Program, Cogweb Move It Program, Triad Program and multitask boxing programs for PD in Portugal and Sweden).



John Dean is a speech language pathologist (MA, CCC-SLP) specializing in the treatment of Parkinson disease and related disorders. In 2009, he developed the first interdisciplinary Parkinson's program for Life Care Centers of America, a program became the flagship for a network of 15 interdisciplinary teams throughout Colorado and Wyoming as well as a second network throughout Tennessee, Georgia, South Carolina and Northern Florida. He has served as a member of the faculty for the Allied Team Training Program (ATTP) from the National Parkinson Foundation and International Parkinson's and Movement Disorder Society and provides continuing educations for Parkinson's throughout the US. He has developed the Triad Program multitask exercise program for PD, integrating voice and cognition into movement.

DATE AND TIME | 7 day, \ . . . | :00A - P

LOCATION | ° = V 'o # |

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Questions? john@johnmdean.com | 720-464-6146

Continuing Education Credit

This educational offering qualifies for 4 continuing education hours as required by many national, state, and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board organization for specific filing requirements.

Physical Therapists, Physical Therapist Assistants, Occupational Therapists, Certified Occupational Therapist Assistants: This course will be offered for 4 contact hours for physical therapy, physical therapist assistant as well as occupational therapist and certified occupational therapist assistant continuing education, accredited by the Pennsylvania State Board of Physical Therapy.

Speech-Language Pathologists: This course is offered as "CEU-eligible" for 4 hours of Speech Language Pathology. Because SLPs will have to maintain and submit documentation for CEUs, they are eligible to attend both sessions for free.

Athletic Trainers: This course is approved by the Board of Certification to offer 4 continuing education units for Certified Athletic Trainers.

All Professionals: In order to process continuing education, please bring license number or other relevant numbers

Certificates, Educational Offering Completion Requirements
Certificates will be awarded upon receipt of payment and successful completion of the educational offering and evaluation form.

Amended Certificates

Please note that the credit hours listed above are offered by The Triad Solution, LLC and/or boards/ associations for a full day's attendance. In the event of late arrival and/or early departure, amended certificates indicating the actual number of credit hours earned will be provided upon contacting The Triad Solution, LLC.

American with Disabilities Act (ADA) If you require ADA accommodations, please contact The Triad Solution, LLC at least two weeks before the seminar date or prior to purchasing any online or distance learning products so that arrangements can be made.

Disclosure - Relevant financial relationships – John Dean receives a speaking honorarium from The Triad Solution LLC for his presentation. **Relevant financial relationships** – Josefa Domingos receives a speaking honorarium from The Triad Solution LLC for her presentation. **Relevant nonfinancial relationships**-John Dean has an uncompensated position with the International Parkinson and Movement Disorder Society. **Relevant nonfinancial relationships**-Josefa Domingos has an uncompensated position as the co-editor of the European Guidelines for Physiotherapy in Parkinson's, an initiative of Parkinsonnet and the International Parkinson and Movement Disorder Society.

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Who Should Attend?

Physical Therapists
Physical Therapist Assistants
Speech-Language Pathologists
Occupational Therapists
Certified Occupational Therapy Assistants
Athletic Trainers
Other Exercise Professionals

Seminar Schedule

Registration: 8:00 a.m.

Seminar Begins: 9 a.m.

Lunch Break: 1 hour (on your own)
Seminar Ends: 4:00 p.m.

Breaks: 15 minutes (mid-morning & mid-afternoon)

Learner Objectives

By the end of the session, participants will be able to:

1. Describe key components of dual task/multitask interventions for Parkinson's and describe phenotypes of these activities (e.g. motor/motor and motor/cognitive approaches, among others).
2. List several strategies to incorporate dual task exercises into interventions that can improve performance in functional activities.
3. Identify ways to increase complexity in order to progress multitask interventions during exercise and clinical activities.
4. Explain the potential significance of a "transdisciplinary" approach to rehabilitation and state opportunities for participation and carry over by all three rehab disciplines and exercise professionals.
5. List manifestations of indications of fatigue, overexertion and any other potential complications

PAYMENT INFORMATION:

Pricing: \$40 for 4 hours of CE credit

Cash, Check & Credit Card Accepted

Cancellations received at least 10 business days before the event are refundable less a \$20 administrative charge per registrant

Course title "MULTITASK TRAINING for the interdisciplinary Parkinson's team"

\$40 fee. Deadline for registration is 2 weeks prior to course. Registration will be accepted after deadline on a space available basis. Cancellation accepted up until 10 business days before course, minus an administration fee of \$20. no refunds after that time.

Please make check payable to The Triad Solution and bring with you on the day of the event. In that case, be sure to send an email to john@johnmdean.com to begin the registration process.

() I have read your refund policy above and understand.

The Triad Solution, LLC. reserves the right to cancel any course due to insufficient registration or extenuating circumstances. We are not responsible for any expenses incurred by participants if the course must be cancelled. 720-464-6146, Fax 866-313-8101, john@johnmdean.com

This course meets the criteria for 4 contact hours (.4 CEU's) and application for CEUs is in process from the PA State Board of Physical Therapy (which is accepted by the PA State Board of Occupational Therapy) and the PA State Board of Speech Language Pathology as well as the Board of Certification (BOC) (for Certified Athletic Trainers in PA).

NAME _____

ADDRESS _____

CITY/STATE/ZIP _____

PHONE(h) _____ PHONE(w) _____

EMAIL _____

(Please clearly print your email address for course confirmation)

EMPLOYER _____

DISCIPLINE _____ Any Specialization? _____

Registration for () Friday, October 25, 2019, Pittsburgh, PA

Cardholder's name & billing address with zip code if different from above - _____

Amount to be Charged _____

Signature _____

I hereby authorize you to charge my: VISA MC DISCOVER (circle one)

Card # _____

Exp.Date _____ CVV2 code (last 3 digits on back of card) _____